

Lepidolite Remedy Overview

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Mental Overview

Lepidolite is a complex remedy in some way, as it is a stone comprised of several minerals. Its main components, Lithium, Kali, Silica and Alumina give it its extreme sycotic to syphilitic presentation. (See "[A Closer Look at Its Components](#)" below)

A person needing Lepidolite would need to display these behaviors

- Withdrawal ([Theme: Womb](#))
- Intense Feeling of Being Incapable, Child-like [Row 2 at level of Survival] ([Theme: Incapable](#))
- Tendency to depression, with dependency on "substances" for support ([Theme: Depression](#))
- Angered easily ([Theme: Anger](#))
- Out of body sensations ([Theme: Drug](#))



The withdrawal in Lepidolite is really a retreat from the world and a return to the womb. They do this by cutting the connections, easily and suddenly. Reasons for doing this have mostly to do the large amount of Lithium found in Lepidolite. Lithium has not left the womb. It is not capable of taking care of itself and is intensely dependent on others for survival. For Lithium much of what is out in the world is scary and dangerous. All of this is found in Lepidolite. Because of the fluorine in Lepidolite, they prefer to sever the connections in a sudden and clear way.

At the deep most level of Lepidolite is an intense feeling of being incapable. They will try to cover this up and hide this from others. They can do this in a childish way, almost being "defiant" in their desire to appear independent.

Key to Lepidolite is the tendency to depression. You would want to see some battle with depression and likely dependence on medications to support them. Their depression will express as a "heaviness," drawing them back down to the earth. Their depression can be quite severe especially when you couple this with their withdrawal from society. They need help, but may not even understand that they can ask for it.

They are also angered easily. This may be in part due to the Silica and the Kali in the substance. They can be quite child-like in their anger, almost like they are stomping their feet like a toddler. They get irritated when they are not feeling independent enough. They also get angry when they feel insulted or that their image is being threatened (Silica). They can be most angry with their family and loved ones, like a Kali.

In order to prescribe Lepidolite you also need to see a certain drug-like quality. Their intense state is often too much for them to handle and they will leave their body. They can experience sensations of lightness and floating (this is in direct opposite to the "heaviness" found in the depression). They can experience life like a "wakened dream" and seem calm in stressful situations. It's not that they are really peaceful, it is that they have just "numbed" their experience of life in order to tolerate it.

Physical Summary

Lepidolite is marked with pains in the extremities. They have pain especially concentrated in the shoulder area (often the left, but not always) that can extend down the arm. They can also have hip and leg and feet pains as well as back pain. They can have an unusual pain in the left wrist. The pains might be burning but they can also be cramping and feel better with stretching.

Another physical symptom you might expect to see, is a flushing of heat that extends upward and may create perspiration about the face and/or back.

Besides the body aching and heat, you would also probably want to see some headaches. The headaches can be dull or they can also be behind the eyes. You would also find them prone to constipation and bowel symptoms. They can also succumb to overwhelming sleepiness, especially when life gets too much for them. Lepidolite usually has a diminished appetite, a dry mouth and they are often without thirst. They may desire coffee and colas and be averse to meat.

The sensations you might see in the physical symptoms would be a "Heaviness" ([Theme: Depression, Heavy](#)) or a "Pulling." ([Theme: Drug; Falling](#))

A Closer Look at the Components of Lepidolite

Potassium (K)	10.07%	K ₂ O 12.13 %
Lithium (Li)	3.58 %	Li ₂ O 7.7%
Aluminum (Al)	6.95 %	Al ₂ O ₃ 13.13 %
Silicon (Si)	28.93 %	SiO ₂ 61.89 %
Hydrogen (H)	0.26 %	H ₂ O 2.32 %
Oxygen (O)	45.32 %	
Fluorine (F)	4.89 %	F 4.89 %

Lepidolite is an uncommon mica, it is an ore of lithium and forms in granite masses that contain a basic Potassium Lithium Aluminum Fluoro-Silicate. (see above) When found in nature, Lepidolite is found near or with Rubidium, Caesium, and Thallium. Although they are not part of the composition of Lepidolite, their energy is present in the remedy as well. People who have had these remedies in the past (Caesium, Rubidium or Thallium) might also do well on Lepidolite or vice versa.

It's interesting to note that Lepidolite (including the minerals found in/or by it) contains five elements from the first column of the

Periodic Table (Hydrogen - Row 1, Lithium - Row 2, Potassium - Row 4, Rubidium - Row 5 and Caesium - Row 6). Column one is characterized by the complete "absence" of what that row represents. This means that Lepidolite does not have the capacity "to exist", "for birth", "of security", "to begin new ventures" and "to take responsibility." This clearly explains the despair and severity of this state.

Lithium shows a tendency towards mania and euphoria and affects bowel symptoms. Lepidolite provokes experienced constipation and diarrhea issues. They also so the extreme withdrawn and incapability one sees in Lithium. Alumina has a tendency toward confusion of identity in the realm of relationships; this too appeared in the proving. The Fluorine element came through in the need to let go of the past, the desire to break relationships suddenly, and finally letting go of a relationship after ten years of being out of the relationship. Silica's desire to be recognized came through strongly in the monomania, and rigidity of behaviors of the provers. We did not see as much of the Kali (Potassium) in the proving, although they will tend to argue with their family, but unlike Kali, they are much more likely to sever a relationship.



Rubidium's thoughtlessness or absence of thought came through as well in the mind-numbing experience of life as a dream. Caesium appeared frequently in the comments of the provers of having many projects; this element found in Lepidolite is individually known for beginning many projects and not necessarily finishing them before they begin the next project. Provers would have many plans to do many things and then come home, lose steam and do nothing. Finally, Thallium brought to fore the nostalgia of our provers, the feeling of nostalgia for the old days, old friends, childhood comfort foods, and a delusion of a time when everything was simple.