

Incapable

"A feeling like a little kid who is just never going to get it right"

"I felt like I could not turn inward enough or make myself small enough"

As one prover summed it up perfectly, "I felt like other people were adults and I was only pretending to be an adult and at any moment someone might discover this pretending." This is essentially the innermost feeling of Lepidolite, that they are utterly incapable of life. If they were to be born, they would die (like a premature baby). They do not have the resources to function, to survive. This childishness and naïveté is unique in Lepidolite as it is quite serious.

One prover said "it's like I've forgotten how to feed myself" – this is the level of incapability. The profoundness of this is what creates the desperate responses: leaving their body, depression, bi-polar behavior, addictions, and impulsive anger.

They feel like a child. Their incapability actually gives them the delusion of being "small." There were dreams of mice and seeing mice. They actually want to retreat and make themselves small. (Theme: Womb; Retreat) and essentially hide their flaws and hide from life. They have a desire to hide, to cover up their situation. They have dreams of hiding and dreams of places that are usually dirty being white-washed clean. The need to clean or be busy stems from this desire to make things look better on the outside or "to pretend". Many situations can cause them embarrassment. Especially when they feel their "flaw" or "incapability" has been shown.

When they do behave badly, which is likely, they will either be detached from if (Theme: Drug) or will feel guilt.

The opposite of this extreme incapability is a sort of "I can do anything!" extravagance. Not quite connected to the earth or reality, they can childishly declare their abilities, "I CAN DO IT!" Even though, underneath, they feel they can't (like a two year old declaring they read all by themselves).

Incapable, "Like a little kid who is just never going to get it right"

- (dream) I see my flower bed. There are nasturtium-like orange flowers. **There are many flowers but their stems are short and weak. I understand that the soil is too poor.** (09)
- **A feeling like a little kid who is just never going to get it right.** (22)
- This remedy is extremely sycotic... **I felt like other people were adults and I was only pretending to be an adult and at any moment someone might discover this pretending.** .. (13)
- ...the feeling it left, **was this feeling of missing something**, having missed out on something. We were going somewhere, but where - and from where? (02)
- Thoughts of **I am no good to the world. No good to my children** (16)
- ... **Fearful that I will not be able to sustain the life I am creating financially and physically.** Fear of repeating my past patterns like that. Felt overwhelmed with a lot of things to do... (11)
- ...This is a way I have of doubting myself for many years... It was almost like starting to get an anxiety attack. Or like thinking was like moving though molasses... Like I really keenly felt like what life is **like when I am immersed in my self-doubt. When I think I am not good enough and don't belong...** (22)
- I immediately began to feel self-conscious. **Like I wouldn't be able to follow the directions.** (13)

Incapable Sub-Themes



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- **It is almost as if I have forgotten how to feed myself.** I haven't been grocery shopping since this proving began and I have almost exclusively been living on tea. (13)
- **She is very concerned about being pregnant**, though a contraceptive was used. She even was dreaming about a fetus. (10)

Dreams of difficulty, "I cannot do anything"

- (dream)... It has a toilet in it but the toilet is situated awkwardly... **It is difficult to get on and off this strangely placed toilet...** (08)
- (dream) I park my car on a city street. When I come back it is moved. Now it is in an upright position wheels against a house wall and is pinned. Feeling: worried. **Cannot do anything to help the situation.** (09)
- (dream) ... **I cannot find sheets anywhere.** Then I see this really tall closet and there is no way I can reach this closet. Then I see my sister and she cannot help me. She finishes her shopping and goes away... I am dressed up like a genie in a bottle and I am flying around and am **trying to get home but I cannot...**(14)
- (dream) .. Then I met a woman I know from my home town with her front teeth missing. **Then I noticed I did not have my teeth in.** (21)

Small, "I could not make myself small enough"

- ... on this remedy **I felt like I could not turn inward enough or make myself small enough.** ... I also had several dreams about mice. (13)
 - ... I see a mouse running past the doorway of the restaurant. This is the second mouse I've seen in two days. (13)
 - I am thinking about these mice. I wonder what that is about. (13)
- Like you do not have any space to work in; small, limitations, limitations, **like everything is limited compressed, there is no hope for expansion or growth, its compressed tight, limited and stuck; this is it no ray of sunshine.** (16)
- **As I am describing this I feel smaller, yet relaxed,** I feel like its overtaking the room, so that makes me feel smaller... ... I feel like I am on the ground or floor. **Like an ant. Tiny.** (21)
- I can see that I did not contact the Master Prover enough in this proving. It didn't dawn on me that I could contact the Master Prover. I am on my own. My relationship to the Master Prover was that I had to turn in completed work done right. (22)

Desire to Hide

- (dream) ... The mood is festive, but in the dream I feel a sense of foreboding. It is happening at night and **she is hiding her face.** (04)
- (dream) ...At some point, we heard men's voices and **tried to be quiet and hide** because we were afraid they might think we were robbers or something... (08)
- (Dream) ...I want to go somewhere where they won't go but they are right behind me. I enter a room it's attic like a balcony there are things on the floor but no good hiding place **I hide behind a basket- I feel ridiculous the basket is small...** (08)

Self-Conscious, Embarrassed

- I am experiencing bashful stool. I cannot go to the bathroom unless I have the water running. **I feel embarrassed.** (13)
- Apologized for not keeping in touch. **Felt embarrassed.** (01)
- **I immediately began to feel self-conscious.** Like I wouldn't be able to follow the directions. I don't want to talk to anyone. I want to keep my thoughts to myself. (13)
- .. I was in the wrong classroom. It was last years classroom. **I was very embarrassed,** but amused at the time...(02)
- I have been challenged with that in the past, actually a great source of **shame, guilt and judgment** has stemmed from being disorganized, loosing things, what do people think of me, feelings of being unworthy, unintelligent, lower class, overwhelmed by stuff... (11)
- Stool pass with a fart. Very surprised and panicked. I was driving on the freeway on my way to an overnight vacation day with a friend at a resort and all I could think of was how bad I felt and smelt. **I was totally embarrassed.** (21)

- (dream) ... As I stepped on to the grassy curb to lift the packages into the car, my feet and the boots sunk into the mud. **I was mortified.** The boots were ruined and were very expensive. I thought I was going to have to replace them but the woman I was helping was very understanding. (04)
- The prover is concerned about her privacy during the proving; **she wants to make sure all the information provided by her stays strictly confidential.** (10)

White-Wash, Covering things up

- **I have also been washing my hands very frequently** over the last two months of the proving. (13)
- I had a lot of issues with cleaning up. **Everywhere I walked in my house it was not clean...** (02)
- ... I immediately felt it important to clean up.... Made my bed, put away files, stacked things to be sorted, picked up all the little stuff. **I want it to be clean, neat and organized.** (11)
- (dream) ... There is an outhouse. All the wooden parts are very rotten. I look in to the hole. I see quite a scene. It's a huge deep drop. **Everything is splendidly clean because my husband has cleaned it...** (09)
- (dream) ... I even go down to the cellar. **The cellar is large, warm, cozy and with splendid white walls...** (09)

Guilt, Feeling guilty

- I don't remember everything, **but I felt somewhat guilty** that I left my kids doing stuff on their own, while I was overwhelmed with things. (02)
- (dream) of cheating on girlfriend, waking guilty. In dream, no hesitation hooking up with this girl. Knocking on door, had to hide this girl. **Woke up stressed and guilty...** (07)
- Every two weeks I completely explode at my husband. I am compelled to yell. **I feel horribly guilty afterward.** (16)
- (dream) **I dreamed I was in jail. It was a mistake.** Then a man I knew put many pounds of drugs in my locker and I was going to be in jail for the rest of my life. They said the three strikes law. I said it was a mistake. I was never convicted of anything before. (21)

Extravagant, "I'm going to be brilliant" (opposite of incapable)

- The other thing that happened during this proving is **that I decided I am going to be brilliant.** I've always resisted this, life is always about struggling and working hard, I am letting it be about other things now. I am willing to let homeopathy be easy. I always felt I was doing it wrong; if something is easy, I am going to let it be easy. Duh! (22)
- ...I have just moved into a beautiful new home and **am looking forward to creating financial abundance, and a fabulous career.** The strongest feeling that is new is "Why couldn't I have all that wonderful stuff?" (11)
- Elephant means power, strength, endurance, it can go through things, clearing obstacles, nothing happens to it, without having negative feelings for the surroundings. (21)

Extravagance, Escape from Reality

- (dream) **They can't get over the size of everything here--big houses, huge portions of food, big cars...**When I show them around my house, everything is the same except my garden. **It seems much bigger and there is a large pond.** .. (04)
- (dream) ... At some point one of the members of the play, said they found a spot in the room that could transform them and make them more beautiful and presentable... I couldn't see the exact moment of transformation but one minute she was like a regular girl and the next she was **this gorgeous classy lady and everyone on the stage and audience were amazed at the transformation!** (08)
- (dream) ...The house is like a garden inside- **a many tiered garden with strange topiary and a fountain** (08)
- (dream) I dreamt that my ex husband called me downstairs to look at some gifts he brought me. ... **he got me several pieces of gold jewelry...** (08)
- (dream) ... The workers' food platters are simpler than those of the paying guests'. But not mine. ...**my plate is filled with other meats and cold cuts. I'm a little surprised. Feeling upon awakening: This was a good dream, I'm getting rewarded.** (09)
- (dream) ...**I have plenty of money in my purse.** Some five hundred dollar bills. Also another "abundance dream". (09)

- (dream) ...my **dreams during the proving they were unexpectedly beautiful.** (09)
- (dream) I am alone **in a very, very large bedroom...** (13)
- (dream) dreamt **I was in a very big home... The rest of the hall was marble.** The there was a group of us all dressed up leaving the house to go to a reunion **and we were getting into limos..** (24)
- Nourishment, concretely food, **beautiful, rich, lovely food.** (09)

Foreign Destinations

- (dream) ... **The men seemed of European descent, like Turkish or Egyptian but not necessarily Arab.** (08)
- (dream) **I'm in Helsinki, Finland.** (09)
- **(dream)** ... At first I think they are **Brazilian**, but then decide they are **Portuguese.** The ceremony **is amazing- the music is great.** (08)

Related Rubrics

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DREAMS - CLEANLINESS, of, white-washed	9
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DREAMS - FOREIGN COUNTRIES	2, 8, 9
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DREAMS - MICE	13
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DREAMS - MOTHER, or father, with	8, 9
DREAMS - MUD - stuck in	4, 14
DREAMS - TEACHING	9
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